

# St. Vincent de Paul

Roseville

## Quarterly

"Preventing Hunger and Homelessness Since 1983"



# Thank You!

With your help we  
raised over \$40,000  
to launch  
**Seniors in Crisis**

**Big Day of Giving**  
MAY 2

'24  
**SPRING  
SUMMER**

[Big Day of Giving](#)

[President's Message](#)

[Words of Wisdom  
and Encouragement](#)

[Welcome](#)

[Save the Date](#)

[Volunteer Group  
Spotlight](#)

Click on an  
article to  
jump there!

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# Big Day of Giving 2024

## Seniors in Crisis

This year for the Big Day of Giving, St. Vincent de Paul, Roseville focused on the emergency needs of senior citizens. Due to the rising cost of rent and groceries, we've seen an increase in the number of senior households in serious situations putting them at risk of homelessness. Why are seniors in crisis? Seniors are on fixed incomes, and our economy is becoming out of their reach. One medical crisis is enough to make rent past due or force a senior household into choosing medication over food. This has always been the risk for senior households, but even more so now with increased costs.

In addition to the rising cost of rent and groceries, medication costs have increased. Imagine a household with an income of \$1,500 to \$2,300 per month and a portion of that goes to rent, utilities, and medications. There is not much left for anything else. Seniors tend to have health conditions. One becomes ill, and in some cases, there are no family members to help.



St. Vincent's Executive Director, Rebecca Rush shared some interesting statistics about the realities of senior income. "It varies depending upon what a person earned during their working years, many on a low income do not have a pension benefit. The average social security amount in the US is between \$1,236 and \$1,767."

Rebecca went on to say that seniors on a fixed income, in affordable housing generally pay 30% of their adjusted gross income on rent. Some seniors are not in affordable housing, leaving them to pay rents much higher. Regionally, rents over \$2,000 per month are the norm.

# Big Day of Giving 2024

## Seniors in Crisis

St. Vincent de Paul, Roseville recently assisted two senior households experiencing an emergency situation that caused them to reach out for help.

Let's take a closer look at those seniors in crisis. One, a single lady in her 90's living in affordable housing, 45 days late on rent, having recently experienced a medical emergency. She also had been paying a late fee with her rent for several months and she was unable to catch up.

She received a 3-day eviction notice and was terrified of losing her housing. She did not receive enough in social security to pay market rate rent and could not lose her housing. We were able to get her caught up and paid another month ahead. In addition, she was enrolled in the Roseville BAGS Home Delivery program.

The second household was a couple in their mid 80's. The wife was just getting out of the hospital. They had also received a 3-day eviction notice. This couple was not residing in affordable housing. Both received social security and a pension, and would not have qualified for grant funding.

The rent they were paying was high at the current market rate. We brought their rent up-to-date and paid a month ahead to give them a cushion, also enrolling them to the Roseville BAGS Home Delivery program.

When the husband received the packet for assistance, staff provided a cart full of groceries. He told Rebecca how grateful he was to receive the application and the groceries, stating he had been fearful of losing their apartment and having his wife out on the street, not knowing how he would care for her properly. "I knew after that conversation that we had to do something more".

That "something more" soon became St. Vincent de Paul's new "Seniors in Crisis" program. With overwhelming approval from the Board of Directors, it was decided that donations from Big Day of Giving would be used exclusively for "Seniors in Crisis". Due to the generosity of our community, over \$40,000 has been raised.

# Big Day of Giving 2024

## Seniors in Crisis

In an April interview with a KCRA reporter, this couple talked about their experience before coming to St. Vincent, “...House rent, medicine, groceries, transportation...it got stressful for a while.” They added, “St. Vincent de Paul has sincerely been life changing”.

We look forward to implementing our Seniors in Crisis program in the upcoming 2024-25 fiscal year.



### 3 Facts to Consider

- 1** Out of **5,638** unduplicated adults coming to the Food Locker Drive-Thru last year, **28%** were seniors **over age 62**.
- 2** The **average** SNAP benefit for a senior household is **\$105** and the minimum is \$23.
- 3** Of all the seniors seeking rental and utility assistance from St. Vincent de Paul Roseville the **amount left over** after bill paying is **\$0**.

# President's Message

Don Fraser

Serendipity, which can be defined as finding valuable things unintentionally, describes certain events that took place at St. Vincent de Paul earlier this year. In January, our Board allocated funds to assist people that are in danger of becoming homeless. We typically fund this type of program through grants, but by the end of 2023 we had spent all of our grant money. Within a few weeks of approving the funding, we were able to assist two senior families to stay in their homes. Was this serendipity? Or perhaps the Lord inspiring us to make a difference in the lives of our neighbors in need.



The experience caused us to recognize that there is a hole in the social services being provided in South Placer County. As part of Big Day of Giving this year, we raised money for our new Seniors in Crisis Program. The program was inspired by our experience of helping to keep the two senior families in their homes. Due to the generosity of many of you we now have over \$40,000 to implement the new program.

Planning is well underway for our annual fund-raising dinner which will be held at St. Clare's Morris Hall on September 28. See our save the date flyer for more information. We hope you can join us for what will be a fun evening dedicated to raising the money needed to fulfill our mission of preventing hunger and homelessness.

## PARTNERSHIP OPPORTUNITIES

St. Vincent de Paul welcomes new opportunities to partner with the business community. Do you own or work with a business and would like to become more involved? **Contact Don Fraser at [dfraser@surewest.net](mailto:dfraser@surewest.net)**

# WORDS OF WISDOM AND Encouragement

Deacon Mike



One of my before meal prayers is simple and straightforward. “Heavenly Father, may those who go to bed hungry tonight, be fed by generous hands tomorrow.” You may not realize it, loving community, but you are the answer to this prayer and many more, I’m sure. As we wrap up this year’s Big Day of Giving, I am once again amazed and overwhelmed by the generosity of our community as we launch a new program to help Seniors struggling to navigate through these tough times;

facing housing evictions and other unexpected financial emergencies. They turn to you for help and you came through. As St. Vincent de Paul wrote, “Charity is the cement which binds Communities to God and persons to one another.” While they may never be able to personally express their gratitude, on their behalf, I thank you. Additionally, you demonstrate a faith and trust in the St. Vincent de Paul Society and we are humbled by your trust. It is a sacred trust we do not take lightly.

Former CEO of the United Nations Foundation, Kathy Calvin wrote, “Giving is not just about making a donation. It is about making a difference.”

From all of us at St. Vincent’s, thank you; thank you for making a difference. May God abundantly bless you and yours and may the Peace of the Risen Christ be with you today and always.



**Saturday,  
September 28  
6:00 p.m.**

**St. Clare  
Church**  
1950 Junction Blvd.  
Roseville, CA 95747

Preventing Hunger  
and Homelessness  
since 1983

St. Vincent de Paul Roseville

Presents:

Heart. Hope.  
Help

Annual  
Dinner  
2024



**Mark your Calendars!**

## Little Caesar's Love Kitchen



# Welcome

**- New Social Media Intern -**  
**Amy Stampflee**



**- Office Volunteers -**  
**Alma, Sue, Emily, Julie, Breda, & Dorothy**



# Thank You



Debbie Oliveira at  
**OLD REPUBLIC TITLE**

**STEWART TITLE**



**FIDELITY NATIONAL TITLE**  
**For their contributions to the  
baby food drive!**

## CREDITS

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## IDEAS

Are you interested in being a guest  
writer for a newsletter article?

Contact Rebecca at:

[rebecca.rush@placersvdp.com](mailto:rebecca.rush@placersvdp.com)

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## PHOTOS

If you took pictures at an event or  
would like to submit pictures for  
your organization, please contact

Amy at:

[Amy.Stampflee@placersvdp.com](mailto:Amy.Stampflee@placersvdp.com)

Our staff welcome volunteers to help create content and capture photos  
for our quarterly newsletter. If you are interested in donating your time  
and talent, please contact us.

# VOLUNTEER GROUP SPOTLIGHT

## Food Locker Volunteer Groups



Philadelphia Insurance  
Company



Scoular



Umpqua Bank

## Solar Eclipse 2024



# **We are excited to share that our organization has earned a 2023 **Platinum Seal of Transparency** with Candid.**

Now you can support our work with added trust and confidence. View our profile at:

[St Vincent De Paul Society – Roseville Area Conference, Inc. – GuideStar Profile.](#)

The **Platinum Seal of Transparency** indicates that our organization shares clear and important information with the public about our goals, strategies, capabilities, achievements and progress indicators that highlight the difference our organization makes in the world.



## **Faith-Based Partnerships**



St. Rose of Lima  
Catholic Church



St. Joseph Mareello  
Catholic Church



SS Peter & Paul  
Catholic Church



St. Clare Catholic  
Church

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